Telligen Health & Well-Being empowers people to be healthier, more engaged and more productive. We deliver proven, holistic health solutions to employers, unions, and plans that enable employees or members and their families to make more educated decisions for healthier outcomes and overall cost containment.

“Telligen provides an unmatched set of programs and resources enabling us to engage individuals wherever they are on the Spectrum of Health.”

Jeff Chungath - CEO

At Telligen, we don’t believe in a “one-size-fits-all” approach to health. That’s why we offer a suite of products and services that can be customized to fit your members’ health needs. Our proven approach engages individuals wherever they are on the Spectrum of Health. We offer personalized solutions that positively impact your human and financial resources by cultivating a culture of health and well-being, with true measurable outcomes.
MEETING MEMBERS WHERE THEY ARE

Our proven approach engages individuals wherever they are on the Spectrum of Health™, with personalized solutions that positively impact your human and financial resources by cultivating a culture of health and well-being, with true measurable outcomes.

**AT-RISK & DIABETES PREVENTION**
We identify members who are currently in a “pre” disease state and keep them from moving to a disease state through education and coaching tailored to the member’s specific risk factors.

**CASE MANAGEMENT**
We collaborate and coordinate with physicians and your employees and their family members to help achieve their goals for ensuring better outcomes.

**CHRONIC CONDITION MANAGEMENT**
Our health coaches work with your employees to understand their conditions, coordinate treatments with healthcare providers and monitor their progress so health is maintained and costs are managed.

**UTILIZATION MANAGEMENT**
Healthcare services are evaluated for medical necessity utilizing evidence-based criteria by highly skilled nurses.

**SPECIALTY PROGRAMS**
We can tailor a program to fit more critical medical needs of your employees and their families.

**WELLNESS SOLUTIONS**
We help engage members to take charge of their health and well-being.

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**TELLIGEN BY THE NUMBERS**

- 350+ clinical staff members
- 250+ technical staff members
- 45+ years delivering true results
- Over 6.5 million lives covered